

EARLOBE REPAIR

DR. JASON CLAIN

POST-OPERATIVE INSTRUCTIONS FOR EARLOBE REPAIR

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After repair

- Some oozing is normal. If you have bleeding, place a small gauze over the area of bleeding and hold pressure for *5 minutes looking at the clock* and it will stop
- Swelling is normal and will peak at 48 hours

Activity

- 5 days of no exercise/sweating
- After 5 days, ok to restart activity
- No swimming for 3 weeks
- Showers are ok

Medications

- Take acetaminophen and ibuprofen for pain
- You do not need antibiotics

What To Expect While Healing

- Bruising is normal, this will be better in 1 week and usually gone by 2 weeks
- The scar will be reddest at 3-6 months – this is normal healing

Follow-Up

- You can re-pierce your ear at 3 months after the procedure
 - Bring an earring to this visit. The earring will stay in for 6 weeks after piercing.

Scar Care

- First 2 weeks
 - Apply Aquaphor twice a day and then stop
- After 2-3 weeks
 - Sun avoidance: hats, sunscreen
 - Silicone scar sheets at nighttime for 3-6 months. Apply at night, remove in the morning. Purchase online or at pharmacy. (We will discuss at your post-operative appointment)